

ZONTA ON THE ROCKS

ZONTA CLUB OF ROCKHAMPTON INC.

P O Box 323 Rockhampton 4700.

Club No. 1054 - Charter 05.08.83.

Email: rockhampton@zontadistrict24.org

Rockhampton Web page: www.rockhampton.zontadistrict24.org

District 24 Website: www.zontadistrict24.org

Zonta International Website: www.zonta.org

ABN. 51 605 623 392

AREA 4 - DISTRICT 24.

ISSUE 1 – JANUARY 2005.

NOTICES.

If you are
unable to attend
the dinner meeting,
please advise
Tropical Wanderer
on Ph 4926 3822
by 10 am
on the Monday
before the meeting.

Failure to
apologize will
incur payment
of \$22.00.



District 24
Conference:
07 - 09 Oct. 2005
Gold Coast



Area 4 Workshop
26 – 27 Feb 2005
Rockhampton



President's Message:

Last Tuesday was a very sad day for Zontians as we farewelled member Clair Martin. Clair passed away on Monday 27 December after a battle with cancer and her Cremation Service took place on Tuesday 04 January. Our thanks to Norma, who represented Zontians when presenting a tribute to Clair at the Service. (The tribute appears on pages 3 & 4 of this Newsletter.) Our thanks also to Valda who organized the refreshments after the Service. We will indeed miss Clair as she was a very dedicated and committed Zontian and loved by all. Our thoughts are with her family at this sad time.

The devastation to our neighbours, which has been caused by the recent earthquake and tsunami, has been a shock to all. It is hard for us to comprehend the enormity of the situation. We have forwarded our Club Donation to District 24 and also I thank individual Zontians who also donated. Our prayers are with the people of these countries.

I do hope members have marked the Area Meeting dates in their diaries. Trish wishes to spend some time

during the January dinner meeting in discussion and organization of the Meeting. Your ideas will be most welcome.

Organization of the celebration of International Women's Day is underway with a Breakfast at Tropical Wanderer Resort planned for the morning of 08 March. One Living Treasure Award (sponsored by Telstra Countrywide) will be presented. Nomination Forms for this Award will be emailed to all Zontians. Hard copies will also be available.

An Information Night will be held on Tuesday 22 February at Tropical Wanderer Resort. Please forward to Norma, names of prospective members for the invitation list.

Lastly I wish all a very happy, healthy and safe 2005.

Yours in Zonta

Berenice.



President: Berenice Payne
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Zonta on the Rocks – Advancing the Status of Women Worldwide

MEETINGS.

Board:

6.30pm:
2nd Tuesday
of the month

Venue:
Tropical Wanderer
Resort.

Dinner:

6.00 pm for 6.30pm
3rd Tuesday
of the month

Venue:
Tropical Wanderer
Resort.

**Committee
Meetings.**

**OMC/PR/UN
Program:**

Venue:
Tropical Wanderer
Resort
5.30 pm—
2nd Tuesday
of the month.

**Finance and
Fundraising:**

Venue:
Tropical Wanderer
Resort
5.30 pm—
2nd Tuesday
of the month.

Status of Women:

Venue:
Tropical Wanderer
Resort
5.30pm—
2nd Tuesday
of the month.

Calendar:

JANUARY:

11 Committee Meetings/
Board Meeting

18 Dinner meeting

FEBRUARY:

08 Committee Meetings/
Board meeting

15 Dinner meeting

22 Information Night

26/27 Area 4 Meeting

**Special United Nations Observances
and Other Significant Days.**

January:

11 Amelia Earhart Day

**We could learn a lot from crayons.
Some are sharp, some are pretty,
and some are dull.
Some have weird names,
and all are different colours,
but they all have to live in the same box.**

Dinner Raffle.

The supply of gifts for the
Dinner Raffle follows the listing
in the Members Directory.

January	Anna T
February	Norma
March	Diane W
April	Elizabeth



Please give your
raffle prize to
Elizabeth to co-ordinate.

**If you would like to contribute to your Newsletter
please forward articles to Berenice Payne
either by
Fax: 4921 3441 or Email to
berenice.a.payne@bigpond.com**

Deadline: First Tuesday of the month.



**Dineshani
Hettiarachchi
Sri Lanka**

YWPA recipient.

As Charter President of the
Asian International School
Z Club, Dineshani uses her
influence to promote many
global human rights projects.
She was the first student
delegate of AIS to the
Colombo Model United Nations
and represented Sri Lanka at
the Indian Model
United Nations.

She believes gender-based
violence and unequal
participation of women
in society are primary
limitations to the advancement
of women in Sri Lanka.

UPDATE

Dineshani Hettiarachchi was
physically unharmed by the
Tsunami that hit Sri Lanka,
and she is working to help
those severely affected.
More information will be posted
as it becomes available.

(From the Zonta International Website.)

*Happy Birthday
and
Best Wishes*

16 Marie Keating



Mark Your Calendar.

2005 District 24 Conference
07 – 09 October: Gold Coast

2006 International Convention.
24 – 29 June: Melbourne.

CLAIR.

TRIBUTE 4TH JANUARY 2005.



IN OUR LIVES WE HAVE THE OPPORTUNITY TO BELONG TO MANY FAMILIES. SOME WE ENTER INTO BY CHOICE, SOME BY CIRCUMSTANCES.

CLAIR HAS A VERY DEVOTED IMMEDIATE FAMILY IN HUSBAND BOB AND DAUGHTERS ANNETTE AND MARIE. I WAS PRIVILEGED TO WITNESS THIS DEVOTION IN THE DAYS LEADING UP TO CLAIR'S DEATH. CLAIR'S DEATH HAS LEFT A GREAT VOID IN THEIR LIVES

CLAIR'S PASSING HAS ALSO LEFT A VOID IN THE OTHER FAMILIES SHE WAS PART OF, AND IT IS ABOUT TWO OF THESE OTHER FAMILIES THAT CLAIR WAS PART OF, THAT I WANT TO SHARE WITH YOU TODAY.

THE FIRST IS THE FAMILY OF NURSING STAFF AT THE ROCKHAMPTON BASE HOSPITAL.

REMINISCING WITH CLAIR ONLY A COUPLE OF WEEKS AGO ABOUT THE TIME CLAIR FIRST JOINED THE NURSING STAFF, NEITHER OF US COULD RECALL THE CIRCUMSTANCES, BUT AS IT WAS CLOSE ON 20 YEARS AGO THE "HOW" AND "WHEN" WAS NOT REALLY RELEVANT.

I DID RECALL THE "WHY" HOWEVER. AS THE "WHY" REMAINED RELEVANT THROUGHOUT CLAIR'S TIME ON STAFF.

CLAIR HAD A STRONG BELIEF THAT SHE COULD MAKE A DIFFERENCE IN THE LIVES OF PEOPLE WITH DIABETES, AND SHE SOUGHT A POSITION THAT WOULD ALLOW HER TO USE HER NURSING KNOWLEDGE TO EDUCATE PATIENTS WITH DIABETES, AND TO ALSO FURTHER CARING FOR THEM, BY EDUCATING FELLOW NURSES ABOUT DIABETES, ALWAYS KEEPING HER OWN KNOWLEDGE CURRENT.

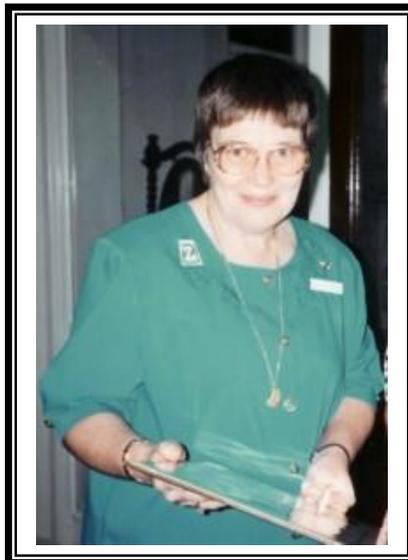
THE HOSPITAL'S NEED WAS FOR SOMEONE RELIABLE AND KNOWLEDGEABLE IN THE POSITION OF DIABETIC EDUCATOR, SOMEONE WITH NOT ONLY KNOWLEDGE AND EMPATHY FOR THE DIABETIC PATIENT, BUT SOMEONE WHO COULD WORK INDEPENDENTLY. SOMEONE WHO COULD INTERACT DIPLOMATICALLY WITH ALL LEVELS OF NURSING STAFF, INCLUDING THE DIRECTOR OF NURSING, BEARING IN MIND THAT AT THE TIME, THE NURSING PROFESSION WAS STILL VERY HIERARCHAL. CLAIR WAS THIS PERSON.

THE POSITION ALSO CALLED FOR SOMEONE WHO COULD INTERACT WITH ALL LEVELS OF MEDICAL STAFF FROM INTERN TO CONSULTANT, WALKING THE THIN LINE BETWEEN ACCEPTING A MEDICAL DIRECTION, AND AT THE SAME TIME INFLUENCING THOSE DIRECTIONS WITHOUT OFFENDING THE DOCTOR. CLAIR WAS THAT PERSON.

CLAIR WAS PHILOSOPHICAL ABOUT THE MANY TIMES SHE WAS REQUIRED TO MOVE OFFICE AS THE WARD SHE WAS IN NEEDED HER SPACE. BUT WHEN CIRCUMSTANCES ALLOWED A DEDICATED AREA IN THE OPD, CLAIR DEMONSTRATED MANAGEMENT SKILLS IN GETTING THE OFFICE FURNISHED AND UP AND RUNNING, INCLUDING THE ROOM FOR THE PRACTICAL DEMONSTRATION AND PRACTICING OF INJECTION GIVING, BLOOD TESTING ETC. ALL THIS WHILE STILL FULFILLING HER ROLE AS DIABETIC EDUCATOR.

CLAIR CONTINUED TO ENHANCE HER KNOWLEDGE ABOUT DIABETES BY ATTENDING MANY CONFERENCES, BOTH NATIONALLY AND INTERNATIONALLY, (MOSTLY AT HER OWN EXPENSE), MAINTAINING LINKS WITH DRUG COMPANIES, AND BEING A MEMBER OF THE DIABETES GROUP.

ANNETTE AND MARIE HAVE FOLLOWED CLAIR INTO THE NURSING PROFESSION WITH MARIE ALSO ACCEPTING THE MANTLE OF DIABETIC EDUCATOR. WHAT BETTER ENDORSEMENT OF CLAIR'S DEDICATION COULD BE FOUND?



THE SECOND FAMILY I NOW SPEAK OF THAT CLAIR SHARED IS THAT OF THE ZONTA CLUB OF ROCKHAMPTON, A SERVICE CLUB WHOSE FOCUS IS THE IMPROVEMENT OF THE STATUS OF WOMEN THROUGHOUT THE WORLD.

CLAIR JOINED THE ZONTA CLUB IN 1988, THE YEAR AFTER SHE COMMENCED AT THE ROCKHAMPTON BASE HOSPITAL. CLAIR BROUGHT TO ZONTA THE SAME LEVEL OF COMMITMENT SHE DEMONSTRATED IN HER PROFESSIONAL CALLING.

ZONTA IS A FUNDRAISING CLUB AND CLAIR WAS ALWAYS THERE TO ASSIST AT ANY FUNDRAISING FUNCTION THE CLUB HELD, USUALLY TO BE FOUND ON THE PLANNING COMMITTEE FOR SUCH A FUNCTION, AND VERY VISIBLE WHEN SOMETHING NEEDED TO BE DONE.

ZONTA FUNCTIONS BY A COMMITTEE STRUCTURE AND CLAIR SERVED AS CHAIRMAN OF THESE COMMITTEES AS WELL AS HOLDING POSITIONS OF TREASURER, VICE PRESIDENT AND PRESIDENT.

CLAIR WAS PRESIDENT OF THE CLUB FROM JUNE 1995 TO JUNE 1997. AND ZONTA'S CONTRIBUTION TO THE WELFARE OF WOMEN UNDER CLAIR'S LEADERSHIP WAS QUITE SUBSTANTIAL. I FOLLOWED CLAIR AS PRESIDENT, AND APPRECIATED HER SUPPORT OF MY PRESIDENCY.

CLAIR'S COMMITMENT TO AND BELIEF IN THE AIMS OF ZONTA WAS EVIDENT IN HER ATTENDANCE AT SEVERAL AREA WORKSHOPS, DISTRICT CONFERENCES AND INTERNATIONAL CONVENTIONS. SHE BELIEVED IN THE NEED TO BE INVOLVED TO FULLY UNDERSTAND.

CLAIR ON OCCASIONS WAS ABLE TO COMBINE HER COMMITMENT TO FURTHERING THE CAUSE OF DIABETES WITH HER COMMITMENT TO THE SERVICE COMPONENT OF THE ZONTA CLUB, BY INVOLVING ZONTA MEMBERS IN FUNDRAISING FOR THE DIABETES CAMPS THAT CLAIR COORDINATED SINCE EARLY IN HER ARRIVAL IN ROCKHAMPTON. ONE SUCH FUNCTION THAT COMES TO MIND IS A CHARITY GOLF DAY WHICH CLAIR ALMOST SINGLE HANDEDLY ORGANISED, MY FIRST EXPERIENCE AT GOLF.

WE ALL PRIORITISE WHAT WE DO, WHERE WE WILL COMMIT OUR TIME AND ENERGIES, AND I GUESS CLAIR DID TO, BUT WHETHER IT WAS AT THE HOSPITAL, AND THERE CLAIR ALSO INVOLVED HERSELF WITH OTHER ASPECTS OF HOSPITAL LIFE, OR AT ANY OF THE MANY FUNCTIONS OF ZONTA, CLAIR ALWAYS GAVE THE IMPRESSION THAT, THAT PARTICULAR FUNCTION WAS FOR HER THE FIRST PRIORITY, AND MOST IMPORTANT, AND SHE APPROACHED IT ACCORDINGLY.

THE FAMILY OF ZONTA AND THE FAMILY OF THE NURSING FRATERNITY HAS LOST A VERY VALUED AND RESPECTED MEMBER WHO IS MISSED AND MOURNED.

ON BEHALF OF CLAIR'S NURSING COLLEAGUES AND FELLOW ZONTIANS I EXTEND LOVE AND SYMPATHY TO BOB ANNETTE MARIE AND ALL MEMBERS OF CLAIR'S FAMILIES.

NORMA WEST.