

East-Enders

April 2022

“Transitions, Changes and Opportunities”



Presidents Patter



I recently read an interesting post on LINKEDIN. Sadly I now cannot locate it, but the essence of the message has remained with me. Often at the end of the day we will look back and reflect on what we have achieved or have left to carry over for tomorrow. The author of the post suggests that we should reflect on what was “worthwhile”. It may be as simple as picking up a piece of rubbish that you are not responsible for, or smiling with eye contact at the checkout operator. We may have decided to walk up the stairs instead of using the escalator, or have an extra glass of water during the day. The pattern that I hope you are seeing is that many of these actions are not planned but occur as we make our way from morning until night. Some days we can make more spontaneous “worthwhile” decisions than on others and this may have a lot to do with our preoccupation to “get through” our list of tasks. Of course, we may be in paid employment where it is our responsibility to complete its requirements. However we could ask ourselves if taking time to “be” could be of benefit to both ourselves and those around us.

Mindfulness is very much a current trend. It is the act of “being in the moment”. Sadly many residents of Queensland and NSW are immersed in the trauma of the moment as they assess the damage of the recent flooding rains. Likewise, the generosity of others in making

worthwhile decisions as to how they can help is an act of being in the moment for others. How we can do this is as varied as are our circumstances? If there is no way to directly support those affected by this natural disaster, I am sure that worthwhile decisions exist in your day.

Valerie

March Meeting

Our March meeting was a hybrid face-to-face and ZOOM meeting. It was great to be able to meet again and we enjoyed welcoming three guests who have expressed an interest in knowing more about our Club – Belle Thelander, Diana Lopes and Lily Simmons. We hope you enjoyed the meeting and getting to know a little more about us. At the close of the meeting we again filled dignity bags which enabled a bit more fellowship. During the meeting some good ideas for future fellowship activities were suggested so watch this space and emails from Jacinta.

Member News

Our medico members are all on the move. Litty is enjoying a holiday with family in India - it is a few years since she has seen them with no travel able to happen because of COVID. Rachel is working at Ipswich Hospital, Divya at RWH and Sarah is enjoying Hervey Bay. Not a medical but Jo and HonZon Michele are also visiting family in NSW. Jacinta supported the ZZ Redcliffe at their DV Awareness Guard of Honour when the Brisbane Roar FC played last weekend. Good to see former Club member and now member ZC Wynnum Redland, Loris, also supporting the event.



Fellowship

Jacinta and her team have taken on board the suggestions put forward at our March meeting and has arranged a variety of events in the coming months which hopefully will appeal to you all. On 10 April she is suggesting a get together at 4.00pm at Revel Brewery, 41 Oxford Street, Bulimba for a drink and pizza. In May we are hoping to experience an “Escape Room” adventure. More details to follow in later Newsletters.

2022 Area Meeting

This year the Area Meeting will be a combined meeting with Area 1 Clubs. Date is 21 May and the venue is the Wynnum Manly Leagues Club. Host Clubs are the Zonta Clubs of Wynnum Redland Inc and Northside Inc. The Flyer and Registration details are attached to this Newsletter. Please mark the date in your diary. Special presenter on the day is Naomi Bailey is the Manager of Partnerships and Creative Lead at Gender and Disaster Australia (GADAus, formerly GAD Pod). Bringing over 20 years’ experience, Naomi is a lead

practitioner in human rights, women's health and stakeholder engagement. It will be a great day with further details of the program to be announced shortly.

Fundraising



Many thanks to Belinda for approaching her contacts at Queensland Rowing which allocated the Regatta on 20 March as a Zonta event with our Club as a beneficiary. Club members Belinda, Jo, Lyn, Valerie and Susan assisted on the day whilst enjoying the event and raising funds for our Club through a raffle. It was a great opportunity to promote not only our Club but also our service projects whilst enjoying a pleasant day out at the Lake.

Because of the recent floods our next Bunnings Sausage Sizzle programmed for Saturday 23 has been cancelled. We are hopeful that the one programmed for 4 June will be able to go ahead. Once we are advised re the June date we shall be in contact seeking helpers for the day.

For the last few months we have been collecting cans under the cash for cans scheme as a fundraiser for the Club. Bring any cans you may have to the Club meeting and we will gladly take them to the collection point.

Service

At the close of our March meeting members enjoyed fellowship whilst filling dignity bags with personal products to be distributed to women in refuges etc. Many thanks to those who donated bags and the toiletries. On the evening we completed 12 bags so well done all. .

The Cannon Hill Anglican College (CHAC) has advised that the students would again like to be involved in the assembly of Birthing Kits and the making of Breast Cushions. Dates have been set for 24 May and 16 August 2022.

Diary Dates

- 10 April 2022 – Fellowship event at Revel Brewery, Bulimba
- 11 April 2022 – Board Meeting
- 18 April 2022 – Monthly Meeting – face-to-face and ZOO
- 5 May 2022 – Candlelight Vigil, Pandanus Beach, Wynnum
- 9 May 2022 – Board Meeting
- 16 May 2022 - AGM and Monthly Meeting
- 21 May 2022 – Combined Area 1 and Area 3 Meeting
- 22 May 2022 – Family Fun Day stall, Bandstand Park, Manly
- 29 May 2022 – Walk Against DV (Councillor Kara Cook), Bulimba
- 24 May 2022 – Service activity with students from CHAC
- 4 June 2022 – Sausage Sizzle, Bunnings Rocklea – to be confirmed
- 13 June 2022 – Board Meeting
- 20 June 2022 – Monthly Meeting
- 25-28 June 2022 - 65th Zonta International Convention, Hamburg, Germany
- 16 August 2022 – Service activity with students from CHAC



Zonta International District 22

AREA 1 & 3 MEETING

Saturday 21 May 2022

Wynnum Manly Leagues Club
92 Woondall Road, Manly West

8.30am - 4pm

\$60 per person

Climate Change
A Gender Equality Issue



Hosted by: Zonta Club of Wynnum Redland Inc & Zonta Club of Northside Inc

Speaker and program details to come

Book via Humanitix before 12 May 2022

<https://events.humanitix.com/zonta-district-22-area-1-and-3-meeting>

For direct deposits and further assistance contact Loris Neff via
loris.neff@gmail.com

