Birthing kits save lives

Contributed by Eva- Marie Seeto

EVERY year, around 300,000 women and over 3 million newborns still die during childbirth—many from preventable causes linked to poor hygiene and lack of medical resources. The Birthing Kit Foundation (Australia) works to change that by providing clean birthing kits and education to women in remote, low-resource regions around the world.

Locally, Zonta Club of Blackall Range plays a crucial role in this global mission by assembling over 600 birthing kits each year for BKFA to distribute. Volunteers come together to pack the kits, which can be



funded for just \$5 each.

These simple yet vital kits are distributed through health facilities, traditional birth attendants, and community outreach programs, helping ensure safer births where medical care is limited.

Each kit contains essential items to reduce infection and improve hygiene during labour, birth, and immediately after delivery.

You can support this lifesaving work by donating as little as \$5 at www.bit. ly/ZontaKits or joining the next Birthing Kit Assembly Day on 10 May at the Maleny RSL.

For more information email: service@ zontablackallrange.org.au.